

# FAMILY HEALTH & WELL-BEING

WHAT MATTERS TO PARENTS IN HULL?

SESSION 1 . NOVEMBER '23



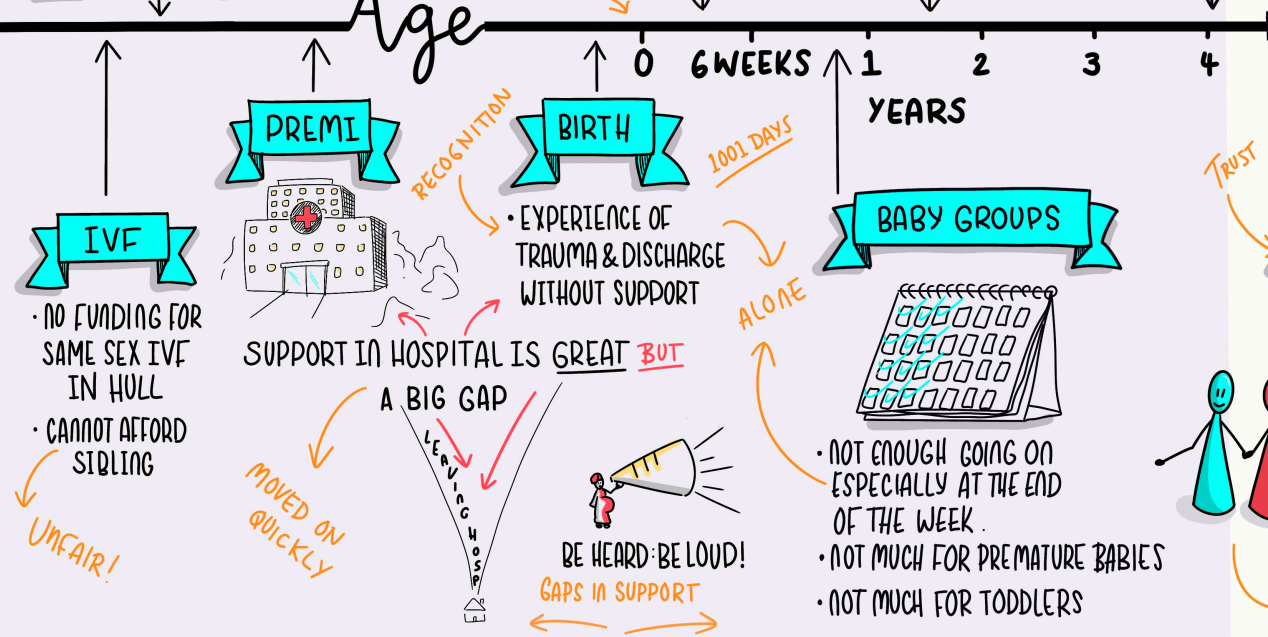
NIHR Applied Research Collaboration Yorkshire and Humber

**HOW WE WORK TOGETHER**

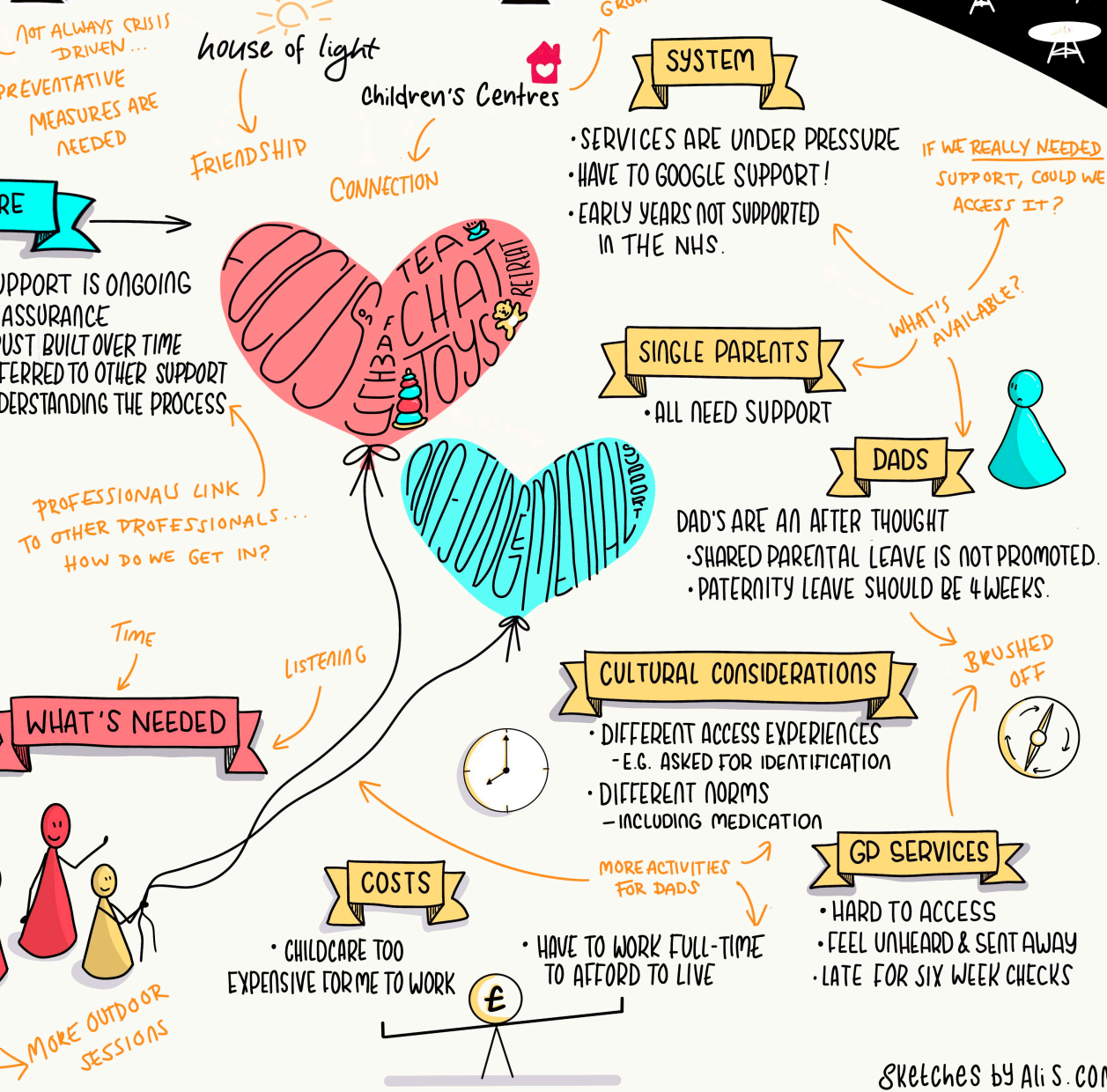
- ✓ RESPECT EACH OTHER
- ✓ KEEP WHAT WE SHARE IN THE ROOM
- ✓ BE KIND & LISTEN TO EACH OTHER
- ✓ RELAXED
- ✓ ASK FOR HELP
- ✓ BE OPEN MINDED
- ✓ STEP AWAY WHENEVER YOU NEED

## FEEDBACK

NOT A LOT OF SUPPORT DURING **PREGNANCY**



## WHAT SUPPORT IS THERE? & FOR WHO?



WE ARE 20 MUMS, DADS, PARTNERS, GRANDPARENTS & OUR BABIES & TODDLERS